Innovate

Week Commencing; 31/03/25, 21/04/25, 12/05/25, 02/06/25, 23/06/25, 14/07/25

# CLASSIC HOT & HEARTY

**CLASSIC MAIN MEALS** 

**VEGETARIAN MAIN MEALS** 

#### MONDAY

Lemon & Herb Piri Piri Chicken with Spicy
Rice

#### **TUESDAY**

Mexican Style Beef Lasagne, Garden Salad & Homemade Garlic Bread

# WEDNESDAY

Honey Glazed Roast Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

# **THURSDAY**

Chicken Tikka Masala with Pilau Rice & Coriander Salad

# **FRIDAY**

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

# MONDAY

Piri Piri Quorn, Macho Peas and Spicy Rice (VE)

# **TUESDAY**

Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)

# **WEDNESDAY**

Roasted Squash & Feta Pie, Seasonal Vegetables or Salad (V)

# **THURSDAY**

Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetable (V)

# **FRIDAY**

BBQ Bean Burger with Garden Peas & Chips (VE)

# **DESSERTS**

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Spiced
Pineapple Cake
with Vanilla
Sauce

Apple Strudel & Custard

Chocolate Sponge & Chocolate Sauce

Cookie Dough Fruit Crumble Fruit, Jelly & Yoghurt Pots

**Fruit and Jelly Pots Available Daily** 

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese,

Tuna or Beans Available Daily







Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday.**With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week



MONDAY

Pakistani Tarka

Dhal

(VE)

TUESDAY

Vegan Singapore

Noodles

(VE)

WEDNESDAY

Vegan Ramen Bowl

(VE)

The Big Plant Burger (VE)

**THURSDAY** 

Garlic & Chilli Noodles (VE)

**FRIDAY** 

TRATTORIA

TUESDAY

,

WEDNESDAY

**THURSDAY** 

FRIDAY

Tomato & Basil Pasta

MONDAY

Pasta in a Cheese Sauce Margherita or Pepperoni Pizza Creamy Pesto Pasta Margherita Pizza

Innovate

Week Commencing; 07/04/25, 28/04/25, 19/05/25, 09/06/25, 30/06/25, 21/07/25

# CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

**VEGETARIAN MAIN MEALS** 

#### MONDAY

Traditional Sausage & Mash with Onion Gravy

# **TUESDAY**

Chicken & Tomato Pasta Bake Served with House salad

#### **WEDNESDAY**

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy

#### **THURSDAY**

Sweet & Sour Chicken with Fried Rice

# **FRIDAY**

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

#### MONDAY

Vegan Sausage & Bean Casserole (VE)

# **TUESDAY**

No Waste Cauliflower Cheese Pasta Bake (V)

#### WEDNESDAY

Cheese, Leek and Potato Pie (V)

# **THURSDAY**

Chinese Vegetable Stir-Fry (VE)

#### **FRIDAY**

Vegan Quorn & Ranch Slaw Burger Served with Chips & Peas (VE)

# **DESSERTS**

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Dutch Apple Cake Warm Blueberry Sponge Apple & Mixed Berry Crumble with Vanilla Sauce Banana Pudding with Custard

Fruit, Jelly & yoghurt Pots

**Fruit and Jelly Pots Available Daily** 

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese,

Tuna or Beans Available Daily







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MONDAY

Buffalo

Cauliflower Wings

with Salt &

Pepper Wedges

(VE)

TUESDAY

Vegan Singapore Noodles (VE) WEDNESDAY

Singapore Fried Rice (VE) **THURSDAY** 

The Big Plant Burger (VE) Garlic & Chilli Noodles

(VE)

FRIDAY

# TRATTORIA

MONDAY

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

FRIDAY

Tomato & Basil Pasta Pasta in Cheese Sauce Margherita or Pepperoni Pizza Creamy Pesto Pasta Margherita Pizza

Innovate

Week Commencing; 14/04/25, 05/05/25, 26/05/25, 16/06/25, 07/07/25

# CLASSIC HOT & HEARTY

**CLASSIC MAIN MEALS** 

**VEGETARIAN MAIN MEALS** 

#### MONDAY

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

# **TUESDAY**

Mac n Cheese Bolognaise Served with a House Salad

#### **WEDNESDAY**

Roast Shoulder of Pork or Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

#### **THURSDAY**

Chicken Korma with Pilau Rice

#### **FRIDAY**

Chip Shop "Fryday" Fish,, Pizza or Fishcake & Chips with Peas and Tartare Sauce

# MONDAY

Asian Vegetable. Soya Bean & Noodle Stir Fry (VE)

# **TUESDAY**

Plant Based Bolognaise with Wholegrain Pasta & House Salad (VE)

#### **WEDNESDAY**

Smashed Butternut Squash Mac and Cheese with Slaw and Garden Salad (V)

# **THURSDAY**

Cauliflower Bhaji Served with Pilau Rice & Minted Yoghurt (V)

#### **FRIDAY**

Chickpea, Carrot & Sesame Burger, Asian Slaw, Chips & Peas (V)

# **DESSERTS**

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Chocolate & Banana Brownie

Oaty Apple Crumble & Custard Sticky Lemon Sponge & Custard Baked Churros with Chocolate Sauce

Fruit, Jelly & Yoghurt Pots

**Fruit and Jelly Pots Available Daily** 

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese,

Tuna or Beans Available Daily







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MONDAY

Fork Friendly

Falafel Kebab

(V)

TUESDAY

Vegan Singapore Noodles (V) WEDNESDAY

Spiced Paneer & Red Onion Naan (V)

**THURSDAY** 

Onion Bhaji Skewer with Bombay Potatoes (VE) FRIDAY

Garlic & Chilli Noodles (VE)

# TRATTORIA

MONDAY

TUESDAY

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

Tomato & Basil Pasta

Pasta in a Cheese Sauce Margherita or Pepperoni Pizza Creamy Pesto Pasta Margherita Pizza